

RI Life Index Survey finds health access issues remain a critical concern among Rhode Islanders



The 2024 Rhode Island Life Index, an annual survey funded by Blue Cross & Blue Shield of Rhode Island and in partnership with the Brown University School of Public Health, found that Rhode Islanders perceive social factors such as health care access and food insecurity as “unrelenting challenges” to their well-being.

Overall, the state earned an index score of 57 out of 100, the lowest in the report’s six-year history. This year, 1,946 randomly selected Rhode Islanders completed the survey offered in English and Spanish over the phone or online with an oversample of Black and Latinx residents.

Respondents score health care access 68 and access to nutritious food a 64.

“The Rhode Island Free Clinic’s mission is dedicated to improving access to quality healthcare and addressing food insecurity through a range of community resources, including our inhouse food pantry, “ said RIFC CEO Jessica Eagles. “This survey underscores the importance of the Free Clinic’s commitment to fostering healthier communities.”